

2010 Spokane Waves Triple Pentathlon - 4/16/2010 to 4/18/2010**Session Report**

Session: 1 Friday Evening Sprints

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 13-14 100 IM	26	5	06:00 PM	_____
Finals	2 Men 13-14 100 IM	22	4	06:11 PM	_____
Finals	3 Women 15 & Over 100 IM	23	4	06:19 PM	_____
Finals	4 Men 15 & Over 100 IM	15	3	06:28 PM	_____
Finals	5 Women 9-12 500 Freestyle	28	5u	06:35 PM	_____
Finals	6 Women 13-14 50 Butterfly	26	5	07:14 PM	_____
Finals	7 Men 13-14 50 Butterfly	21	4	07:20 PM	_____
Finals	8 Women 15 & Over 50 Butterfly	22	4	07:26 PM	_____
Finals	9 Men 15 & Over 50 Butterfly	16	3	07:32 PM	_____
Finals	10 Women 13-14 50 Backstroke	26	5	07:36 PM	_____
Finals	11 Men 13-14 50 Backstroke	21	4	07:44 PM	_____
Finals	12 Women 15 & Over 50 Backstroke	25	5	07:51 PM	_____
Finals	13 Men 15 & Over 50 Backstroke	16	3	08:00 PM	_____
Finals	14 Men 9-12 500 Freestyle	12	2u	08:04 PM	_____
Finals	15 Women 13-14 50 Breaststroke	25	5	08:20 PM	_____
Finals	16 Men 13-14 50 Breaststroke	20	4	08:27 PM	_____
Finals	17 Women 15 & Over 50 Breaststroke	24	4	08:33 PM	_____
Finals	18 Men 15 & Over 50 Breaststroke	15	3	08:40 PM	_____
Finals	19 Women 13-14 50 Freestyle	26	5	08:44 PM	_____
Finals	20 Men 13-14 50 Freestyle	21	4	08:50 PM	_____
Finals	21 Women 15 & Over 50 Freestyle	25	5	08:55 PM	_____
Finals	22 Men 15 & Over 50 Freestyle	16	3	09:02 PM	_____
	Swimmer Count for Warm-ups: 129	=====	=====		
	Entry / Heat Totals:	471	89		
	Finish Time			09:06 PM	_____

2010 Spokane Waves Triple Pentathlon - 4/16/2010 to 4/18/2010**Session Report**

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Men 11-12 100 IM	19	4	09:00 AM	_____
Finals	24 Women 13-14 200 IM	28	5	09:10 AM	_____
Finals	25 Men 13-14 200 IM	19	4	09:27 AM	_____
Finals	26 Women 15 & Over 200 IM	21	4	09:41 AM	_____
Finals	27 Men 15 & Over 200 IM	14	3	09:57 AM	_____
Finals	28 Men 11-12 50 Butterfly	17	3	10:07 AM	_____
Finals	29 Women 13-14 100 Butterfly	25	5	10:12 AM	_____
Finals	30 Men 13-14 100 Butterfly	20	4	10:22 AM	_____
Finals	31 Women 15 & Over 100 Butterfly	19	4	10:30 AM	_____
Finals	32 Men 15 & Over 100 Butterfly	16	3	10:40 AM	_____
Finals	33 Men 11-12 50 Backstroke	19	4	10:46 AM	_____
Finals	34 Women 13-14 100 Backstroke	27	5	10:53 AM	_____
Finals	35 Men 13-14 100 Backstroke	22	4	11:04 AM	_____
Finals	36 Women 15 & Over 100 Backstroke	20	4	11:14 AM	_____
Finals	37 Men 15 & Over 100 Backstroke	16	3	11:24 AM	_____
Finals	38 Men 11-12 50 Breaststroke	18	3	11:30 AM	_____
Finals	39 Women 13-14 100 Breaststroke	27	5	11:35 AM	_____
Finals	40 Men 13-14 100 Breaststroke	20	4	11:46 AM	_____
Finals	41 Women 15 & Over 100 Breaststroke	21	4	11:55 AM	_____
Finals	42 Men 15 & Over 100 Breaststroke	15	3	12:05 PM	_____
Finals	43 Men 11-12 50 Freestyle	19	4	12:12 PM	_____
Finals	44 Women 13-14 100 Freestyle	28	5	12:18 PM	_____
Finals	45 Men 13-14 100 Freestyle	23	4	12:27 PM	_____
Finals	46 Women 15 & Over 100 Freestyle	22	4	12:35 PM	_____
Finals	47 Men 15 & Over 100 Freestyle	16	3	12:43 PM	_____
Finals	48 Mixed 11 & Over 200 Medley Relay	17	3	12:48 PM	_____
	Swimmer Count for Warm-ups: 112	=====	=====		
	Entry / Heat Totals:	528	101		
	Finish Time			12:57 PM	_____

2010 Spokane Waves Triple Pentathlon - 4/16/2010 to 4/18/2010**Session Report**

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	49 Women 8 & Under 100 IM	16	3	02:00 PM	_____
Finals	50 Men 8 & Under 100 IM	8	2	02:08 PM	_____
Finals	51 Women 9-10 100 IM	35	6	02:14 PM	_____
Finals	52 Men 9-10 100 IM	14	3	02:30 PM	_____
Finals	53 Women 11-12 100 IM	37	7	02:37 PM	_____
Finals	54 Women 8 & Under 25 Butterfly	22	4	02:53 PM	_____
Finals	55 Men 8 & Under 25 Butterfly	11	2	02:58 PM	_____
Finals	56 Women 9-10 50 Butterfly	34	6	03:01 PM	_____
Finals	57 Men 9-10 50 Butterfly	13	3	03:10 PM	_____
Finals	58 Women 11-12 50 Butterfly	38	7	03:15 PM	_____
Finals	59 Women 8 & Under 25 Backstroke	29	5	03:26 PM	_____
Finals	60 Men 8 & Under 25 Backstroke	14	3	03:33 PM	_____
Finals	61 Women 9-10 50 Backstroke	43	8	03:38 PM	_____
Finals	62 Men 9-10 50 Backstroke	17	3	03:53 PM	_____
Finals	63 Women 11-12 50 Backstroke	39	7	03:59 PM	_____
Finals	64 Women 8 & Under 25 Breaststroke	22	4	04:11 PM	_____
Finals	65 Men 8 & Under 25 Breaststroke	11	2	04:16 PM	_____
Finals	66 Women 9-10 50 Breaststroke	39	7	04:19 PM	_____
Finals	67 Men 9-10 50 Breaststroke	16	3	04:31 PM	_____
Finals	68 Women 11-12 50 Breaststroke	39	7	04:36 PM	_____
Finals	69 Women 8 & Under 25 Freestyle	29	5	04:47 PM	_____
Finals	70 Men 8 & Under 25 Freestyle	14	3	04:53 PM	_____
Finals	71 Women 9-10 50 Freestyle	43	8	04:56 PM	_____
Finals	72 Men 9-10 50 Freestyle	17	3	05:09 PM	_____
Finals	73 Women 11-12 50 Freestyle	39	7	05:13 PM	_____
Finals	74 Mixed 12 & Under 200 Medley Relay	19	4	05:23 PM	_____
	Swimmer Count for Warm-ups: 143	=====	=====		
	Entry / Heat Totals:	658	122		
	Finish Time			05:40 PM	_____

2010 Spokane Waves Triple Pentathlon - 4/16/2010 to 4/18/2010**Session Report**

Session: 4 Sunday Morning

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	75 Women 8 & Under 50 Freestyle	22	4	09:00 AM	_____
Finals	76 Men 8 & Under 50 Freestyle	11	2	09:07 AM	_____
Finals	77 Women 9-10 200 IM	11	2	09:11 AM	_____
Finals	78 Men 9-10 200 IM	4	1	09:19 AM	_____
Finals	79 Women 11-12 200 IM	25	5	09:23 AM	_____
Finals	80 Men 11-12 200 IM	14	3	09:43 AM	_____
Finals	81 Women 13-14 400 IM	16	3	09:56 AM	_____
Finals	82 Men 13-14 400 IM	12	2	10:16 AM	_____
Finals	83 Women 15 & Over 400 IM	12	2	10:28 AM	_____
Finals	84 Men 15 & Over 400 IM	9	2	10:40 AM	_____
Finals	85 Women 8 & Under 50 Backstroke	21	4	10:52 AM	_____
Finals	86 Men 8 & Under 50 Backstroke	11	2	11:00 AM	_____
Finals	87 Women 9-10 100 Backstroke	22	4	11:05 AM	_____
Finals	88 Men 9-10 100 Backstroke	10	2	11:16 AM	_____
Finals	89 Women 11-12 100 Backstroke	28	5	11:22 AM	_____
Finals	90 Men 11-12 100 Backstroke	14	3	11:35 AM	_____
Finals	91 Women 13-14 200 Backstroke	18	3	11:43 AM	_____
Finals	92 Men 13-14 200 Backstroke	12	2	11:54 AM	_____
Finals	93 Women 15 & Over 200 Backstroke	17	3	12:01 PM	_____
Finals	94 Men 15 & Over 200 Backstroke	11	2	12:12 PM	_____
Finals	95 Mixed 10 & Under 200 Freestyle Relay	10	2	12:19 PM	_____
Finals	96 Mixed 11-12 200 Freestyle Relay	6	1	12:27 PM	_____
Finals	97 Mixed 13 & Over 200 Freestyle Relay	10	2	12:30 PM	_____
	Swimmer Count for Warm-ups: 167	=====	=====		
	Entry / Heat Totals:	326	61		
	Finish Time			12:36 PM	_____

2010 Spokane Waves Triple Pentathlon - 4/16/2010 to 4/18/2010**Session Report**

Session: 5 Sunday Afternoon

Day of Meet: 3 Starts at 01:06 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	98 Women 8 & Under 50 Breaststroke	14	3	01:06 PM _____
Finals	99 Men 8 & Under 50 Breaststroke	8	2	01:12 PM _____
Finals	100 Women 9-10 100 Breaststroke	18	3	01:16 PM _____
Finals	101 Men 9-10 100 Breaststroke	8	2	01:24 PM _____
Finals	102 Women 11-12 100 Breaststroke	27	5	01:29 PM _____
Finals	103 Men 11-12 100 Breaststroke	14	3	01:42 PM _____
Finals	104 Women 13-14 200 Breaststroke	18	3	01:49 PM _____
Finals	105 Men 13-14 200 Breaststroke	11	2	02:01 PM _____
Finals	106 Women 15 & Over 200 Breaststroke	11	2	02:08 PM _____
Finals	107 Men 15 & Over 200 Breaststroke	10	2	02:16 PM _____
Finals	108 Women 8 & Under 50 Butterfly	9	2	02:23 PM _____
Finals	109 Men 8 & Under 50 Butterfly	8	2	02:27 PM _____
Finals	110 Women 9-10 100 Butterfly	10	2	02:31 PM _____
Finals	111 Men 9-10 100 Butterfly	4	1	02:36 PM _____
Finals	112 Women 11-12 100 Butterfly	24	4	02:38 PM _____
Finals	113 Men 11-12 100 Butterfly	11	2	02:48 PM _____
Finals	114 Women 13-14 200 Butterfly	15	3	02:53 PM _____
Finals	115 Men 13-14 200 Butterfly	10	2	03:04 PM _____
Finals	116 Women 15 & Over 200 Butterfly	11	2	03:11 PM _____
Finals	117 Men 15 & Over 200 Butterfly	11	2	03:18 PM _____
Finals	118 Women 8 & Under 100 Freestyle	12	2	03:25 PM _____
Finals	119 Men 8 & Under 100 Freestyle	8	2	03:30 PM _____
Finals	120 Women 9-10 100 Freestyle	24	4	03:35 PM _____
Finals	121 Men 9-10 100 Freestyle	10	2	03:46 PM _____
Finals	122 Women 11-12 100 Freestyle	28	5	03:51 PM _____
Finals	123 Men 11-12 100 Freestyle	14	3	04:02 PM _____
Finals	124 Women 13-14 200 Freestyle	20	4	04:08 PM _____
Finals	125 Men 13-14 200 Freestyle	13	3	04:21 PM _____
Finals	126 Women 15 & Over 200 Freestyle	16	3	04:31 PM _____
Finals	127 Men 15 & Over 200 Freestyle	12	2	04:40 PM _____
	Swimmer Count for Warm-ups: 160	=====	=====	
	Entry / Heat Totals:	409	79	
	Finish Time			04:46 PM _____